

Objective

The Blair Technique has as its exclusive concern the analysis and correction of the subluxations of the cervical vertebrae, and as its only goal the consequent cervical spine. Subluxated articular misalignments are analyzed as they displace the neural rings, thereby occluding the neural canal and compromising cord space. The clinical objective of the technique is therefore to restore maximum patency of the neural canal in the cervical region. Biochemical and orthopedic standards of alignment are not the objective of the technique because they are vulnerable to violations of symmetry and do not necessarily bear any relation to the relief of nerve interference in a given case.